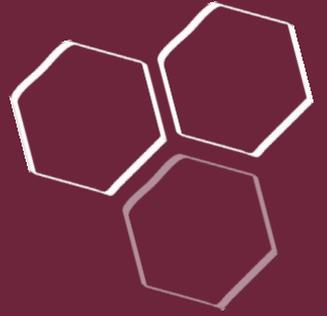


KDACC WEBINAR #2 - CREATING A KDACC GRANT PROPOSAL



Andrea Hansen, KDA E.D./KDACC Program Director
David Milazzo, (Macroscopic), KDA Creative Corps IT Director

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CRAFTING A KDACC GRANT PROPOSAL

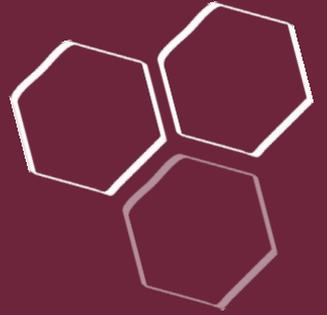
**1. David Milazzo - Nuts and Bolts
of the KDACC Technology**

INTERMISSION/ Q&A

**2. Andrea Hansen - Crafting your
KDACC Grant Proposal
(intermission and several
chances for more Q&A)**

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CREATING A KDACC GRANT PROPOSAL



Andrea Hansen, M.F.A.
KDA E.D./KDACC Program Director

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CONNECT WITH THE REVIEW

A STAC



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CRAFTING A KDACC GRANT PROPOSAL “CRASH COURSE”

1. Reality Check
2. Dream Big. . . Then Write It Down
3. Get Organized
4. Pen to Paper (or finger to key)
5. Be Persuasive

INTERMISSION

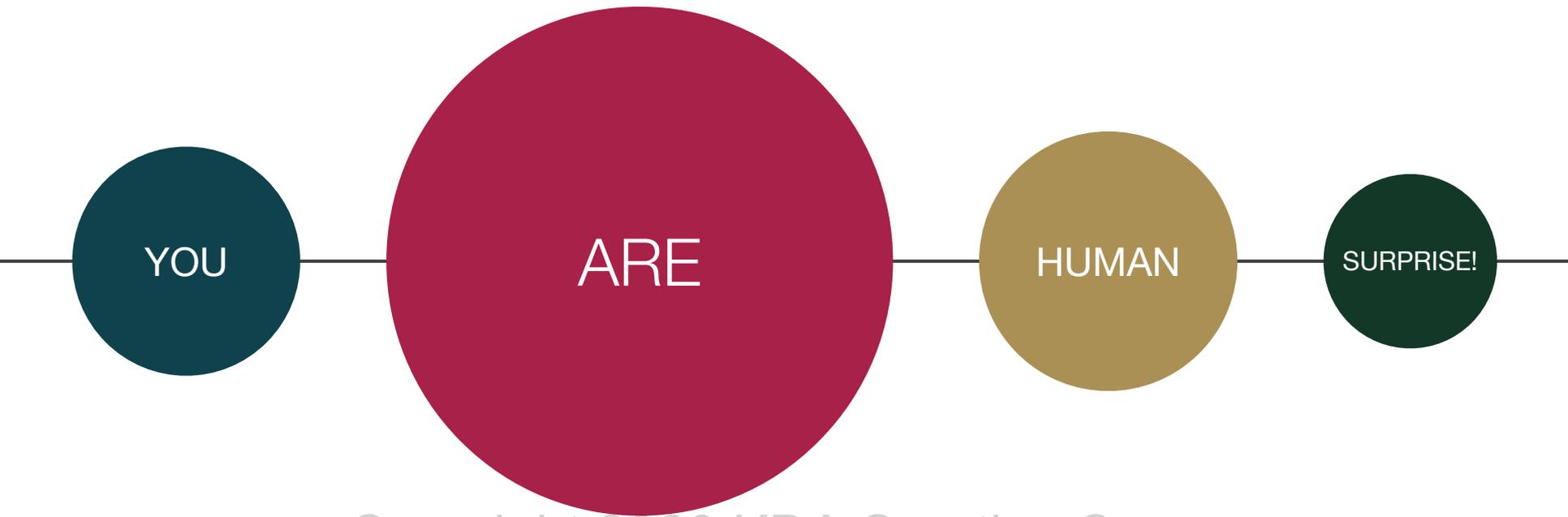
6. Data Dance
7. Money, Money, Money
8. Measure It
9. Review It
10. Submit It!

CRAFTING YOUR PROPOSAL

GRANDE FINALE!

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1. REALITY CHECK (the unspoken understandings of grant writing)



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Grant writing can be scary. . . until its not!

1. REALITY CHECK (the unspoken understandings of grant writing)

- Grant writing can be stressful. . . but it is ok. **YOU. CAN. HANDLE. IT!**

- You win some and you lose some - that's the nature of grant writing.

- If you are feeling like you are an imposter, that's normal.

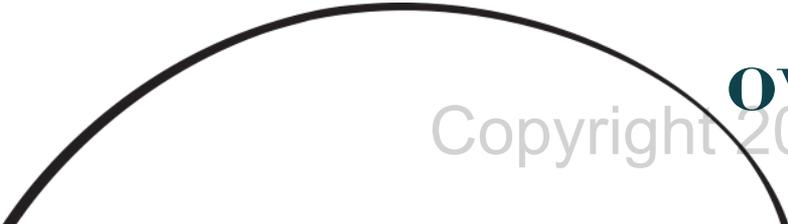
- Grant writing is work. . . but its an incredible creative process.

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Good news. . .

You'll learn to do it the
first time, then you'll do it
over and over again!



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2. Dream BIG. . . Then Write It Down

- What's your big idea?! What have you been dreaming about and how can the Creative Corps (or another funding opportunity) potentially turn your dream into reality?

This is YOUR chance - write it down and make it happen!

3. Get Organized

Develop a process mindset where you go through the steps to get to the finish line.



Step 1 - Read the funding guidelines

Step 2 - Check the eligibility boxes

Step 3 - Strategize your timeline

Step 4 - Become a project manager

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4. Pen to Paper (or finger to key)

5 Ws + 1 H Who, What, When, Where, Why and How!

It is basic, but basic foundations set the stage for the finite details.

- Who are you serving? Who is involved in the project?
- What is the project? What it's going to cost? What does the project solve?
- When does the project take place?
- Where does the project take place?
- Why does it matter?
- How you are going to do it?

4. Pen to Paper (or finger to key)

Outline

Second, Third, Fourth Draft

Step 1

Step 2

Step 3

First Draft

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5. Be Persuasive

Your project is worthy. But so is someone else's.

- You are writing to emotionally move your reader. Pull at their heartstrings so they can emotionally connect with your project.
- You want your application to be memorable, don't just explain WHAT you are doing, show them WHY.
- Be clear on WHY the work matters. Infusing WHY the work matters in your grant applications will make a huge difference in how the funders read and remember your application!



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INTERMISSION

Q/A Session

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6. Data Dance

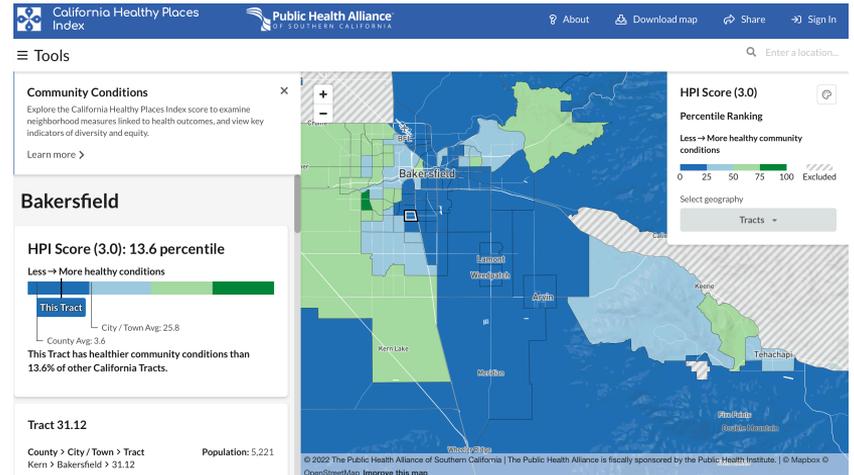
- Data makes your narrative easier to write
 - It builds a stronger case
 - Adds credibility and persuasiveness
 - Establishes urgency



CA HEALTHY PLACES INDEX

If you did not attend the first KDACC webinar with Helen Dowling from the CHPI, visit the KDACC Resource Page to access the video.

Helen does a great job of explaining the HPI and showing you how to use the data to your benefit.



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7. MONEY MONEY MONEY

You've been busy writing your narrative, fine tuning your message, and developing your persuasive application.

Now it's time to turn to the numbers.

KDACC Budget Requirements

- Organizations can ask for up to \$300k
- Individuals can ask for up to \$150k
- And there must be an 80/20 split!

The KDACC is a job creator for artists. 80% will pay the artist(s) salary for an entire year of work and 20% will be used to execute the project.

Example-

Requesting \$300K?

\$240K pays the artist(s) and \$60K can be spent on administrative costs and costs associated with program design and implementation.

7. MONEY

MONEY MONEY

Because you have diligently created your SOW, then you are likely clear on the expenses associated with your project.

Ask yourself ALL of the questions so you can develop your budget with itemized expenses.

How many people will get paid? How many paint brushes will you need? Will gas and mileage need to be covered? How much will you spend on printing fliers? Will you need to add an extra policy to your insurance for the year? Will you need to pay a CPA to prepare your taxes?

Expenses can include program supplies, marketing materials, rentals, insurance, administrative expenses, etc.

7. MONEY MONEY MONEY

WHAT WE DO NOT FUND

+ AN EXTRA TIP

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There are some expenses that are off limits like projects with religious purposes, construction projects, purchase of land and buildings, equipment purchases (equipment rentals are eligible), out-of-state travel, or projects that pay artists or organizations outside of California.

Read and re-read the What We Do Not Fund document!

TIP - If you described a person or a thing in your narrative and you have indicated it will have a cost, it must show up in your budget! For example, if you state in your narrative that you will pay a musician, poet, and graphic artist for your project and you only list the musician in your budget, that may be a red flag for your reviewer. Be sure to link what you say in your narrative to your budget!

California Arts Council Grants What We Do Not Fund



- As applicants:
 - State agencies
 - Federal agencies
 - Non-arts organizations not involved in arts activities
 - For-profit organizations
- Nonprofit organizations not in "good standing" with California Secretary of State
- Former grantee organizations not in compliance with CAC grant requirements, such as failing to submit a final report (as stipulated in grant agreement)
- Expenses incurred before the start date or after the ending date of the Grant Activity Period
- Expenses that would supplant other state funding*
- Operational, administrative, or indirect costs of schools, colleges, or universities
- Fundraising activities or services such as grant writing, annual campaigns, or fundraising events
- Lobbying activities that are intended to influence the actions, policies, or decisions of government officials or specific legislation
- Programs or services intended for private use, or for use by restricted membership (including programs that require college or university enrollment for participation)
- Projects with religious purposes
- Trusts, endowment funds, or investments
- Construction projects, purchase of land and buildings, or capital expenditures used to maintain, upgrade, acquire, or repair capital assets
- Equipment purchases (equipment rentals are eligible)
- Debt repayment
- Hospitality expenses, meals, or food
- Out-of-state travel

*Neither the award (or the match) may be used to supplant other state funding, including awards of state employees or general operating expenses of school districts, County Offices of Education, or publicly funded schools, colleges, or universities.



8. Measure It

All KDA Creative Corps projects must be measured.
It can sound a little scary - but we are here to help you!

**Goals, Impacts, Outcomes, Qualitative,
Quantitative - all words that are synonymous
with grant writing.**

8. Measure It

WHY ITS IMPORTANT

The KDACC will report to the state at the end of the 2024 the data surrounding your projects. Ideally, we will have such great success that when the state reports to the Governor's office on how well we executed the Creative Corps (mind you this is a pilot program, the first of its kind), he will be extra incentivized to approve this program again!



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8. Measure It

Goals - What does your project intend to do?

IE- Educate about water conservation.

Outcomes - What do you anticipate are the short term effects of your project?

IE- Make people mindful of how they can conserve water.

Impacts - What do you anticipate are the long term effects of your project?

IE- Public policy is adopted to ensure greater water storage capacity for all people living in California.

Qualitative - Subjective data that measures your project.

IE- Interview participants that attended my project pre and post event to gauge their understanding of water conservation.

Quantitative - Objective data that measures your project.

IE- Ask participants to participate in a Likert scale pre and post event to measure their understanding of ways to conserve water.

8. Measure It

The tools you can use to assess the effectiveness of your program and create data include:

- Survey - online, paper, telephone, one on one (can be qualitative or quantitative)
- Numerical rating (quantitative)
- Likert scale - (can be qualitative or quantitative)
- Written or spoken testimonials (qualitative)
- Q and A (qualitative)
- Roundtable discussions (qualitative)
- Journaling (can be qualitative or quantitative)
- Video assessment (can be qualitative or quantitative)

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9. Review It

- Independent Reviewer
- Shared word processor software

10. Submit It!

Second-Guessing

Let it go and CELEBRATE!

Step 1

Step 2

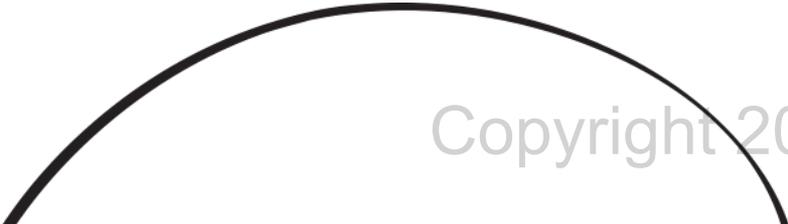
Step 3

Believing

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KDACC Grant
Writing Guidance



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PROJECT DESCRIPTION

In 175 words, tell us your project description.

Remember the video that started us off today? Your first three sentences should connect with your reviewer ASAP!
They've got a stack of proposals.
Make your project stand out!

1. **Evoke emotion** (make the reader care/make them feel)
2. **Create credibility** (you know your stuff/you're the best for the work/your team is ready)
3. **Inspire action** (the project is time sensitive/needs to be done now/will have significant impact)

PROGRAM DESIGN & IMPLEMENTATION

Tell us the focus area(s) your project will serve and the artistic discipline(s) that will be highlighted in your project.

KDACC PROGRAM DESCRIPTION

This is your chance to put your **5Ws + 1H** into action - be specific and explain your project thoroughly!

You will also have a chance to list your full timeline in this section.

COMMUNITY ENGAGEMENT AND SOCIAL IMPACT

This section will focus heavily on your **WHO**, **HOW**, and **WHERE**.

Define who, where, and how many you will serve and how you will engage and impact those living in the lowest quartile of the HPI.

PROGRAM BUDGET

Remember, the 80/20 split and be explicit about your expenses.

Ensure that your narrative is reflected in your budget.

Don't forget to read the **WHAT WE DO NOT FUND** document!

PROGRAM EVALUATIONS, METRICS, AND OUTCOMES

Time to define the ways in which you will measure the success of your project!

Keywords - Goals, Impacts, Outcomes, Qualitative, Quantitative and the tools you will use to measure/ assess your data.

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PROGRAM PERSONNEL

This is all about the WHO!
Provide a short bio for everyone involved from the artists, to the administrative and technical team you'll be working with. Remember to list if they will (or will not) be supported by the KDACC grant. If they are to be supported, then they must show up in your budget!

Additionally, here is your chance to shine a spotlight on the artists you are working with! Sing their praises and show your reviewer the important role they will play in your project!

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WORK SAMPLES

You get 3 - choose wisely!

All sorts of media and files are available to you, but read the guidelines carefully to ensure successful uploads.

Be sure the file titles are easy to recognize! IE - **Picture Playhouse 2023 Season Brochure.pdf** vs. **34vhdjhsnk.pdf**.

And use your work sample notes! Tell the reviewer about what they are analyzing. More details are always better!

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KDA Program Example

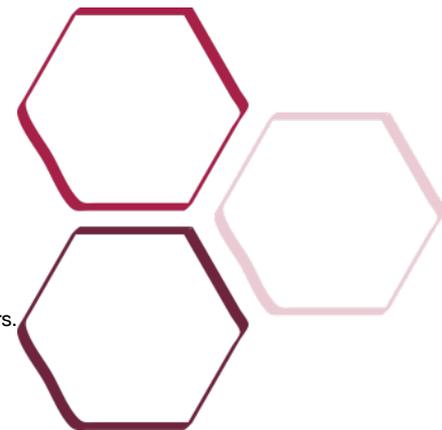
Books in Motion® & ADAPTIdance®



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KDA PROGRAM EXAMPLE - 5WS + 1H

BOOKS IN MOTION®



Who are you serving? Kern County children, K - 3rd grade from urban and rural areas.

Who is involved in the project? Kern County dance artists, Kern Literacy Council, Kern County Library, KDA Board of Directors and staff, volunteers.

What is the project? Books in Motion®: DANCE + LITERACY

What it's going to cost? \$25,000

What does the project solve? Illiteracy in Kern County youth

When does the project take place? Summer, specifically June - August

Where does the project take place? Kern County Libraries

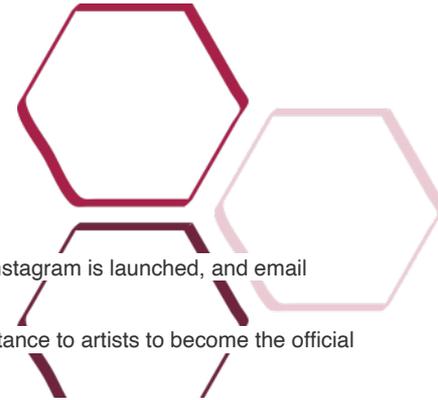
Why does it matters? Kern County youth literacy rates are rated at some of the lowest in the state of California and Kern County communities are rated as some of the lowest on the Healthy Places Index.

How you are going to do it? Books in Motion is a FREE summer literacy program that encourages reading through dancing by focusing on Common Core Standards for Reading Literature for children, K-3rd grade. Families will have the opportunity to visit Kern County library branches to watch dance performances based upon children's books, engage in kinesis by learning choreography, and participate in creating a craft that coincides with the book's theme. At the end of the session, children will be divided into groups based upon age/level and posed questions to evaluate their comprehension and will be able to take home a FREE book after participating in the evaluation.

BIM is geared for students in the early literacy stages (pre-reading, pre-decoding, decoding, and early emergent stages) and is designed to tap into their imagination and encourage them to read books. For some, reading is a concept that is still too foreign to understand due to age and brain development. BIM will bypass this intangible feeling by allowing them to see the magic of a book laid out on a stage with real characters coming to life. Children do not have to read words to read - they can read the dancers' movements. By tapping into curiosity, children will be motivated to explore literacy, which leads them back to the written words that brought the book to life. Kinesthetic learning is an effective tool that can be used to improve literacy rates and dance can be successful in teaching complicated applications, from math to reading.

KDA PROGRAM EXAMPLE - TIMELINE

BOOKS IN MOTION®



March 1- April 1: BIM Performer Applications OPEN. A press release is sent to all media groups, a social media campaign via Facebook and Instagram is launched, and email blasts announce performance opportunities.

April 1: BIM Performer Applications CLOSE. KDA collects BIM Performer Applications via JotForm. KDA reviews applications and offers acceptance to artists to become the official BIM performers.

May 1: BIM Partner Information Meeting. KDA, Kern Literacy Council, Kern County Library, and Kern County dance artists attend an informational meeting to select bibliography, secure BIM schedule, and logistics.

May 15: BIM Book Order Submitted. Kern Literacy Council submits book orders to Scholastic Books.

May 1 - June 1: Kern County dance artists begin rehearsal and production for BIM.

May 1 - July 1: BIM Craft Kit + FREE Book Preparation. KDA, Kern County Library, and Kern Literacy Council utilize volunteers to prepare BIM craft kits and FREE books to hand out at participating Kern County library branches.

May 1 - August 1: BIM Marketing Campaign Launches. KDA Creative Director finalizes BIM flyers, posters, social media announcements, press releases, and updates the KDA website.

May 31: KDA hosts meetings with Kern County Library, Kern Literacy Council, Kern County dance organizations, and volunteers for event review, tasks, and roles.

June 15: KDA emails Kern County dignitaries (Mayor, Assemblyman, Senators, Congressmen) and asks them to attend BIM and to support Kern County literacy efforts.

July 1 - August 1: BIM Summer Library Tour Begins. KDA executes BIM featuring story-telling, performance, choreography, and crafting in the safety of Kern County library branches. BIM dance artists are paid an honorarium for their service.

August 1 - September 1: BIM objectives assessed and measured via qualitative and quantitative evaluations.

October 1 - December 31: BIM announces final reporting gathered from qualitative and quantitative data via a final report.

KDA PROGRAM EXAMPLE - SOW (Scope of work)

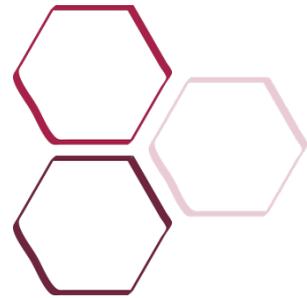
Scope of Work

Objective	ACTIVITY	PERSON RESPONSIBLE	TIMELINE	PROJECTED OUTCOME
• Books in Motion marketing and public relations materials in production.	• KDA Marketing and Graphic Design Director prepares and produces Books in Motion flyers, posters, social media announcements, press release, and updates KDA website.	KDA	January 15-August 1	• Books in Motion marketing and public relations pieces (flyers, posters, social media announcements, press release, and updates KDA website) are made visible to the community through media initiatives and communications.
• Books in Motion Performer Applications OPEN	• KDA implements aggressive marketing campaign. A press release to all media groups (TV and print), a social media campaign via Facebook, Twitter, and Instagram, and email blasts to Kern County dance studios to announce performance opportunities.	KDA	March 21-April 18	• Advertisements for Books in Motion Performer Applications are seen on local news, newspapers, and news magazines. Books in Motion Performer Applications are viewed by social media audience (Facebook, Twitter, Instagram). Kern dance organizations visually post Books in Motion Performer Applications.
• Books in Motion Performer Applications CLOSE	• KDA collects Books in Motion Performer Applications via JotForm. Reviews applications, offers acceptance to select organizations to perform at the event.	KDA	April 18	• Kern County dance organizations that have applied to perform at Books in Motion receive offer to participate in event.
• Books in Motion Partners Information Meeting	• KDA, Kern Literacy Council, Kern County Library, and Kern County Dance Organizations attend informational meeting to select bibliography, secure Books in Motion schedule, and logistics.	KDA, Kern Literacy Council (KLC) Kern County Library (KCL), and Kern County Dance Organizations	April 22	• KDA, Kern Literacy Council, Kern County Library, and Kern County Dance Organizations confirm bibliography, secure Books in Motion tour schedule, and logistics.
• Kern County Dance Organizations create choreography for Books in Motion	• Kern County Dance Organizations begin rehearsal and production for Books in Motion	Kern County Dance Organizations	April 23-June 1	• Kern County Dance Organizations produce choreography for Books in Motion.
• Books in Motion Book Order Submitted	• Kern Literacy Council submits book order to Scholastic Books	Kern Literacy Council	May 1	• Scholastic Books provides books for Books in Motion participating children.
• Books in Motion Marketing Campaign Begins	• KDA Marketing and Graphic Design Director finalizes Books in Motion flyers, posters, social media announcements, press release, and updates KDA website.	KDA	May 1-August 1	• Books in Motion marketing and public relations pieces (flyers, posters, social media announcements, press release, and updates KDA website) are made visible to the community through media initiatives and communications. KDA schedules press interviews with local media.
• Books in Motion Craft Kit + FREE Books Preparation	• KDA, Kern County Library, and Kern Literacy Council utilize volunteers to prepare BIM craft kits and FREE books to hand out at participating Kern County library branches throughout the county.	KDA, KCL, KLC	May 1-July 1	• BIM craft kits and FREE books are compiled and stuffed into data bags.
• Books in Motion dignitary invitations are sent	• KDA emails Kern County dignitaries (Mayor, Assemblyman, Senators, Congressmen) to view Books in Motion digital performances and are asked to support Kern County literacy efforts.	KDA	June 15	• Kern County dignitaries (Mayor, Assemblyman, Senators, Congressmen) are invited to view Books in Motion films.
• Books in Motion Digital Video Launch Preparation	• KDA hosts meeting with Board of Directors, Kern County Library and Kern Literacy Council Staff, Kern County dance organizations, and volunteers for event review, tasks, and roles.	KDA, KCL, KLC	June 22	• Books in Motion Preparation Meeting is held.
• Books in Motion Videos Launch Online	• KDA launches Books in Motion at 21 libraries featuring story-telling, performance, choreography, and crafting.	KDA, KCL, KLC, Kern County Dance Organization, and volunteers	July 1-August 1	• Books in Motion is successfully produced and executed.
• Books in Motion Craft Kit + FREE Books Available	• KDA, Kern County Library, and Kern Literacy Council BIM craft kits and FREE books are available at participating Kern County library branches throughout the county.	KDA, KCL, KLC, Kern County Dance Organization, and volunteers	July 1-August 1	• BIM Craft Kits and FREE books are available for pick up at participating Kern County library branches.

<ul style="list-style-type: none"> • Books in Motion Evaluation + Measurable Outcomes 1. Create motivation and interest in reading 2. Create motivation and encouragement for movement through dance 3. Cover Common Core State Standards in Reading Literature for grades K-3rd grade 4. Instill a sense of connection and ownership of reading through listening and viewing of stories 5. Foster creative abilities of youth through cultural arts learning 6. Activate youth voices 7. Cultivate critical thinking 	<p>BIM goals will be attained via the following objectives:</p> <ol style="list-style-type: none"> 1. Create motivation and interest in reading. The BIM bibliography presents a variety of exciting and engaging children's books. By tapping into curiosity via dance performances, children will be motivated to explore literacy, which leads them back to the written words that brought the book to life. 2. Create motivation and encouragement for movement through dance - Children will be guided through choreography and a craft project to reinforce their understanding and critical thinking of the story. 3. Cover Common Core State Standards in Reading Literature for grades K-3rd grade. Kern County Library, Kern Literacy Council staff, and K-3rd grade educators have selected the BIM bibliography to be appropriate text for the BIM population served based upon Cover Common Core State Standards in Reading Literature. BIM curriculum covers the following Common Core Standards for Reading Literature including but not limited to: Kindergarten-3rd Grade: Ask questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers; recount stories, including fables, folktales, and myths from diverse cultures; determine the central message and explain how it is conveyed through key details in the text; describe characters in a story and explain how their actions contribute to the sequence of events; explain how specific aspects of a text's illustrations contribute to what is conveyed by the words in a story. 4. Instill a sense of connection and ownership of reading through listening and viewing of stories. Children will create customized crafts corresponding to their grade level and the BIM text. Children and guardians are encouraged to work together, engage in creativity, and produce a product reflecting the session's teachings. 5. Foster creative abilities of youth through cultural arts learning. BIM supports literacy development through creative unified thematic experiences of art, dance, crafting, and story-telling 6. Activate Youth Voices. BIM seeks to activate youth voices during the craft-making session. Students are asked to reflect on the book's theme and create a craft that coincides with the session's teachings. 7. Critical Thinking. The BIM bibliography teaches about cultural diversity by encouraging acceptance and therefore promotes critical thinking. 	KDA	August 1-September 1	<p>BIM Evaluation via SurveyMonkey:</p> <p>To assess the BIM goals and objectives, BIM participants will be encouraged to fill out a questionnaire via SurveyMonkey OR in person. Questionnaires will measure the success of the project by asking their level of enjoyment, what worked well and what didn't work well, one or two things that they learned, if they would recommend the program to a friend, if they'd like to attend future dance classes, if they'd like to attend future dance performances.</p> <p>To measure BIM quantitatively, children will be asked questions that relate to their memory and learning from the story. Questions will be adjusted according to age and directly related to comprehension. Children will be asked about specific thematic questions related to the BIM bibliography. The questionnaires will be scored and tallied to reflect the success of the program's objectives.</p>
<ul style="list-style-type: none"> • Books in Motion announces final reporting gathered from qualitative and quantitative data. 	<ul style="list-style-type: none"> • KDA produces final report on the data gathered from Books in Motion evaluations. 	KDA	October 1-December 31	<ul style="list-style-type: none"> • Books in Motion final report is announced via KDA Donor Impact Reports and the KDA 2022 Year in Review.

KDA PROGRAM EXAMPLE - MEASURING DATA

ADAPTIdance[®]



GOALS:

- 1.) to provide access to creative movement and dance training for all students regardless of disability, income level, or prior dance experience
- 2). to provide a forum for physical activity that is a model for all abilities to collaborate as equals while developing skills and respect for self and others;
- 3.) to educate about disability, collaboration, and inclusion through the medium of dance and the presentation of positive role models and images of people with disabilities.

OUTCOMES:

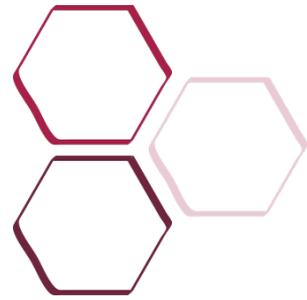
- Enhancing a brightened affect
- Increasing quality of life/joyfulness
- Increasing the opportunity for self-expression
- Increasing access to physical activity to promote a healthy mind and body
- Demystifying & humanizing disability

IMPACTS:

- Participants have a positive association with movement/dance and are eager to move in environments that are conducive to dancing.
- Caretakers assist participants in participating in other dance experiences outside the program and see dance as a positive addition to the participants' physical routines.

KDA PROGRAM EXAMPLE - MEASURING DATA

ADAPTIdance®

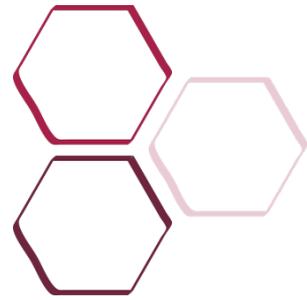


- 1.) Quantitative - Numerical scale
- 2). Qualitative - Interview, Q/A, Video Assessment

At the conclusion of each ADAPTIdance class, KDA collects data from the ADAPTIdance student interns measuring specific categories including an observation of the participants' brightened affect, eagerness to move, increased quality of life/joyfulness, etc. The quantitative data allows KDA to gauge the impact of the program over a six-week period via categories that are rated on a scale of 1-5 with approximately 98 measurements for each category. Since 2016, **KDA has found an average increase in metrics as the classes progress from week to week** with the following indicators often responsible for the increase in metrics.

KDA PROGRAM EXAMPLE - MEASURING DATA

ADAPTIdance[®]



ADAPTIdance Intern Assessment Sheet

Participant Name

Class #1			
Observation	Initial Assessment	Beginning of Class	End of Class
Brightened Affect	5 -	5 -	5 -
Increased Quality of Life	5 -	5 -	5 -
Joyfulness	5 -	5 -	5 -
Self-Expression	5 -	5 -	5 -
Eagerness to Move	5 -	5 -	5 -
Participant's Association with Dance	Positive	Positive	5 -
Able to Identify Vibratory Movement	--	Yes	Yes
Able to Identify Rhythm Patterns	--	Yes	Yes
Able to shift weight side-to-side	--	Yes	Yes

Class #2		
Observation	Beginning of Class	End of Class
Brightened Affect	--	--
Increased Quality of Life	--	--
Joyfulness	--	--
Self-Expression	--	--
Eagerness to Move	--	--
Participant's Association with Dance	--	--
Able to Identify Sustained Movement	--	--
Able to Identify Sound or Lack of Sound	--	--
Able to understand sound & rhythm connection	--	--

Class #3		
Observation	Beginning of Class	End of Class
Brightened Affect	--	--
Increased Quality of Life	--	--
Joyfulness	--	--
Self-Expression	--	--
Eagerness to Move	--	--
Participant's Association with Dance	--	--

Rylee Lexie Daniela Anthony Addison Dominic Kenny Kelsey Karol Aubrey Alexander

- As ADAPTIdance progresses from week to week, the ADAPTIdancers develop a level of comfort with the ADAPTIdance program director and interns. As a result, the barriers of discomfort are removed and the dancers feel more comfortable dancing - ultimately increasing the participants' brightened affect, eagerness to move, increased quality of life/joyfulness, and enhanced physical fitness.

- The ADAPTIdancers knowledge of dance technique and choreography heighten over six weeks, ultimately building the dancer's confidence. This positive experience encourages dancers to attend weekly classes where learnt information is continually executed/improved and new information is made available in a nurturing and safe environment.

- ADAPTIdance begins to focus on the final performance at the Fox Theater during the fourth week of the program which sets new benchmarks for goal-setting. The ADAPTIdance team provides encouraging conversations about dancing on the Fox stage and the importance of executing an engaging performance. As the excitement for the final performance builds, the ADAPTIdancers attention to detail, focus, and memorization of choreography is increased, ultimately impacting the overall data points of the ADAPTIdance final assessments.



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GRANDE FINALE

Lightening Writing Round



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YOUR TURN!

Often when we don't have time to think about it, our first thought is our best thought!

Here is your chance, I am going to prompt you with the **5 Ws and 1 H**.

Your job is to let your thoughts spill out on paper or your device.



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WHO

WHAT

HOW

WHEN

WHERE

WHY

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Q/A +
Office Hours



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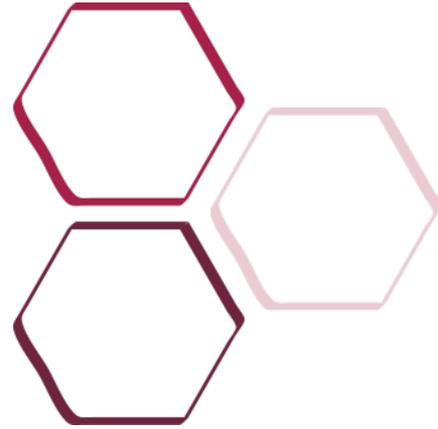
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